

# Middle School Lunch February 2019

Monday

Tuesday

Wednesday

Thursday

Friday

Choice of 1% White or Nonfat Chocolate Milk offered daily!



4 **WET BURRITO**  
-OR-  
OVEN FRIED CHICKEN  
WG MINI BISCUIT  
GREEN BEANS  
MASHED POTATOES  
GRAVY  
KIWI

5 **FRUIT PARFAIT W/  
GRANOLA**  
-OR-  
BEAN AND CHEESE  
BURRITO  
CORN  
RED SALSA  
SOUR CREAM  
APPLESAUCE

6 TURKEY PANINI  
-OR-  
BEEF STEAK BURGER  
CRINKLE CUT FRIES  
SWEET BBQ BEANS  
SHREDDED LETTUCE  
DILL PICKLES  
DICED PEACHES

7 **CHICKEN CHIPOTLE  
SALAD**  
-OR-  
ORANGE CHICKEN  
ASIAN RICE  
BROCCOLI  
CARROT STICKS  
RANCH DRESSING  
RED APPLE

8 NACHOS  
-OR-  
PIZZA STICK  
MARINARA SAUCE  
CELERY STICKS  
RANCH DRESSING  
MIXED FRUIT

11 NO SCHOOL



12 **ORANGE CREAM  
SMOOTHIE W/  
STRAWBERRY CHEX**  
-OR-  
WG MEATBALL SUB  
CORN  
SHREDDED MOZZARELLA  
3-WAY SALAD  
RANCH DRESSING  
APPLESAUCE

13 WG TURKEY SUB  
SANDWICH  
-OR-  
WG CHICKEN SANDWICH  
PINTO BEANS  
SHREDDED LETTUCE  
TOMATOES  
DILL PICKLES  
TANGERINE  
**\*JELLO\***



14 CHICKEN BBQ RANCH  
SALAD  
-OR-  
TURKEY GRAVY  
MASHED POTATOES  
GREEN BEANS  
DINNER ROLL  
PINEAPPLE TIDBITS  
**STRAWBERRY MILK!**

15 NACHOS  
-OR-  
WG BELLA ROSE  
PEPPERONI PIZZA  
CARROT STICKS  
FRESH SPINACH  
ITALIAN DRESSING  
\*FARM FRESH\* APPLE  
PEAR

18 NO SCHOOL

19 **ORANGE CREAM  
SMOOTHIE W/  
STRAWBERRY CHEX**  
-OR-  
ROTINI PASTA  
GARLIC TEXAS TOAST  
BROCCOLI  
KIWI

20 WG TURKEY SUB  
SANDWICH  
-OR-  
WG CHEESEBURGER  
SLIDERS  
THIN CUT FRIES  
SWEET BBQ BEANS  
SHREDDED LETTUCE  
DILL PICKLES  
MIXED FRUIT

21 **CHEF'S SALAD**  
-OR-  
TERIYAKI CHICKEN  
ASIAN RICE  
BROCCOLI  
CARROTS  
APPLESAUCE

22 CHILI CHEESE NACHOS  
-OR-  
WG CHEESE DIPPERS  
MARINARA SAUCE  
CORN  
CELERY STICKS  
RANCH DRESSING  
DICED PEARS

25 WG BEEF BEAN AND  
CHEESE BURRITO  
-OR-  
CHICKEN TENDERS  
PINTO BEANS  
GREEN BEANS  
DICED PEACHES



26 **FRUIT PARFAIT W/  
GRANOLA**  
-OR-  
WG TACO NADA  
CORN  
RED SALSA  
SOUR CREAM  
DICED PEARS

27 WG TURKEY SUB  
SANDWICH  
-OR-  
BEEF STEAK BURGER  
CRINKLE CUT FRIES  
SHREDDED LETTUCE  
TOMATOES  
DILL PICKLES  
RED APPLE

28 **\*NEW\* CARNE ASADA  
FRIES**  
CORN BREAD  
SOUR CREAM  
TOMATOES  
DICED ONION  
SALSA VERDE  
MIXED FRUIT



Students are offered a choice of fruit or vegetables, they must take a 1/2 cup of either or a combination of both to achieve a reimbursable meal.

Yogurt served daily!